

15 July, 2017

Ms. Jane Rudicks  
Community Nurse  
Newtown Community Health Centre  
Newtown

Dear Ms. Rudiks,

Ref: Ms. Mary Bells, 66 years old

I write to refer Ms. Bells who was diagnosed with infected foot ulcer and unstable diabetics mellitus. She is progressing well but requires continuity of care and management as she is getting discharged today.

During hospitalisation, Ms Bell has shown good development without any complications. Additionally, her infected foot ulcer was taken care regularly with silvazine dressing and was being observed for any untoward sign and symptoms. She was advised to be compliant with her diabetic medications as well as antibiotics (Augmentin) which will be assessed once completed.

Ms. Bell is a diabetic patient for past 15 years and has periodic problems with self administration of medications. The patient does not socialize with other people and her alcohol consumption increased significantly along with her poor dietary intake since her retirement.

In view of the above, it would be greatly appreciated if you could strictly observe Ms Bell's blood glucose levels, alcohol intake and diet modification. Also, please motivate her to perform moderate exercises regularly. Finally, kindly collaborate with a social worker to encourage her to get involved in some social groups and income-related activities.

Should you require further queries, please do not hesitate to contact me.

Yours sincerely,  
Registered Nurse



# SESSION 1

# OCCUPATIONAL ENGLISH TEST

## WRITING SUB-TEST: NURSING

**TIME ALLOWED:**

**READING TIME: 5 MINUTES**

**WRITING TIME: 40 MINUTES**

Read the case notes below and complete the writing task which follows

### Notes:

You are a registered nurse working at Newtown Community Hospital. Your patient, Ms Mary Bell, is being discharged today.



**Patient:** Mary Bell (Ms)

**Age:** 66 Years

**Marital status:** Single

**Family:** Nil

**First admitted:** 24 June 2017, Newtown Community Hospital

**Discharge:** 15 July 2017

**Diagnosis:** Unstable diabetes mellitus.

Small infected (left) foot ulcer.

**Medical history:** Non-insulin-dependent diabetes mellitus – 15 years.

**Medications:** Glibenclamide (Glimel) 5mg daily.

Metformin (Diabex) 850mg t.d.s.

Amoxicillin/clavulanate (Augmentin Duo Forte) 875/125mg orally,  
b.d.

**Social/family background:** Retired at 65 from managerial position 2016.

Lives alone in own four-bedroom home.

Income: small pension – much lower than pre-retirement income.

Reports no relatives or close friends.

Reports no outside interests.

Since retirement alcohol intake has increased and dietary quality has decreased.

Periodic problems with self-administration of hypoglycaemic medication.



**Nursing management and progress:**

Medical hypoglycaemic agent (glibenclamide) to continue.

Antibiotic therapy (Augmentin Duo Forte) for review at completion of current course.

Ulcer daily saline dressing, monitor wound margins, observe for signs of complications, review healing progress, etc.

**Discharge plan:**

Monitor medication compliance, blood sugar levels, alcohol intake, diet.

Encourage moderate exercise programme.

Suggest establishment of income-producing activity.

Encourage establishment of social activities.

Prepare a letter to the community nurse, emphasising the need for an overall life-style plan, and suggesting involvement of community social worker service.

## Writing Task:

Using the information given in the case notes, write a letter of discharge to Ms Jane Rudik, the community nurse at Newtown Community Health Centre, informing her about the patient's condition and her medical and social needs. Address your letter to Ms Jane Rudik, Community Nurse, Newtown Community Health Centre, Newtown.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

Click on the link to submit your writing task <https://www.mentormerlinexam.com/courses/online-oet-crack-course/lessons/day-6-day-86-preparation-practice-review/topic/day-6-reading-listening-writing/#oet>